

Gan Wen Ling		
D3	105.5	KG
U48kg	RH	
Next Lifter		
Neo Yuan Shi, Cass		



25	15
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Name	Cat	Age	Sex	S1	S2	S3	T(S)	B1	B2	B3	T(SB)	D1	D2	D3	T(SBD)	Wilks	Team	Weight	RHS	RHB
Gan Wen Ling	U48kg	T18	F	72.5	80.0	86.0	80.0	37.5	40.0	41.5	120.0	90	97.5	105.5	225.5			48	8	4
Neo Yuan Shi, Cass	U67.5kg	T18	F	82.5	90.0	92.5	90.0	37.5	40.0	42.5	132.5	102.5	112.5	120.0	252.5		Team BLAQ	63.2	11	7
Alina Choo Yuin Hui	U67.5kg	J	F	102.5	107.5	112.5	107.5	62.5	67.5	70.0	175.0	115	122.5	127.5	297.5		TGN Powerlifting	67.4	11	9
Ng Alicia	U82.5kg	J	F	135.0	140.0	145.0	145.0	60	65.0	70.0	215.0	147.5	155.5	160.5	375.5			77.7	11	9
Yee wai teng, Melissa	U100kg	T16	F	90	100.0	110.0	110.0	65	70.0	75.0	185.0	150	160.0	170.0	355.0		Team BLAQ	97.3	12	8
joel koh wei jie	U67.5kg	T16	M	142.5	150.0	157.5	157.5	82.5	87.5	92.5	250.0	145	155.0	165.0	405.0		grizzlies	67.1	13	9
Robynne Eilidh Smith	U75kg	O	F	105	112.5	117.5	112.5	72.5	75.0	77.5	190.0	165	170.0	175.0	360.0		UFIT Singapore	70.9	13	8
Matthias Yap Zhe Yao	U67.5kg	T13	M	130	140.5	145.0	140.5	67.5	70.0	72.5	210.5	170	177.5	181.5	388.0		CoachbyMarc	66	11	6
Jasper Chan	U67.5kg	T18	M	95	95.0	100.0	100.0	70	70.0	75.0	175.0	155	170.0	180.0	345.0		Delta Warriors	66.8	13	9
Jino Quek Chin Xuan	U67.5kg	T18	M	110	120.0	130.0	130.0	90	100.0	105.0	230.0	160	170.0	180.0	410.0			64.8	9	10
Terry Lee Zhong Xian	U67.5kg	J	M	130	140.0	150.0	150.0	80	85.0	85	230.0	170.0	177.5	182.5	412.5		Singapore polytechnic	66.7	14	9
Muhammad lutfil hadi	U67.5kg	T18	M	140	150.0	150.0	150.0	90	100.0	100.0	240.0	175	180.0	185.0	425.0		Singapore polytechnic	67.4	13	11
Joel Goh Jia Hao	U67.5kg	T18	M	140	150.0	155.0	150.0	75	80.0	85.0	230.0	172.5	185.0	195.0	415.0		JOERUBLOB	67	13	10
Lim Zong Wei	U67.5kg	J	M	155	165.0	175.0	165.0	90	100.0	100.0	255.0	175	180.0	195.0	435.0		The Strength Yard	65.4	10	8
Gabriel Tan	U67.5kg	J	M	182.5	182.5	190.0	190.0	90	95.0	100.0	285.0	205	210.0	212.5	497.5		NoCNS	65.9	12	6
Wesley Foo Shih Chin	U67.5kg	J	M	175	185.0	190.0	185.0	92.5	97.5	100.0	282.5	205	215.0	215.5	497.5		Hougang Handsomes	66.1	11	6
Lutfi Hakim Bin Mohd Ridzuan	U67.5kg	T18	M	175	180.0	180.0	180.0	90	95.0	95.0	270.0	195	207.5	215.0	477.5		Team Monsters of the West	65.6	11	9